



RASHIDA IQBAL FINANCIAL AID **ORGANIZATION**

Guidelines for the Surgery Enblock

Courtesy : Dr. Hira Anum (Batch 41)

Compiled by : Shahana Ghazal – President RIFAO

Only Seqs were given in the previous Enblock , no MCQ's

For preparation in a narrow time frame , **do key to UHS** and Dogar for the topics you don't understand from Key to UHS only , as doing from dogar will require much time in the end . Key to UHS is comprehensive and covers everything mostly.

Past questions repeat a lot in surgery ; even during sendups , so doing Past sendups and past enblocks is a must and the links are given below :

Past enblock papers:

<https://drive.google.com/drive/folders/1-Kcr97ry2-u59HUDZ5ePDZ06mP7vs2UH?usp=sharing>

Surgery send ups:

<https://drive.google.com/drive/folders/10dWCMfdn0it7GgBO3gWU7jLSpVAL2jHw?usp=sharing>

Things to do from dogar

Ortho :

- Pg 3 -11
- One question comes from ortho – all fractures treatment start from
- Same ABC's , analgesics , antibiotics TT vaccine , xrays of both joints , reduction , alignment , stabilization , follow up (headings mentioned in 3 11
- Supracondylar fracture
- Congenital club foot
- Septic arthritis

Upper GIT :

- Carcinoma esophagus
- Perforated peptic ulcer and treatment
- Ca stomach
- Amoebic liver abscess
- Hydatid disease of liver
- Cholelithiasis, investigations and treatment
- Empyema gallbladder
- Mucocele
- Cholangitis
- Pancreatitis
- Peritonitis scenario ; only treatment

Lower GIT :

- Ulcerative colitis and crohn's disease ; focus on treatment
- Colorectal Ca
- Intestinal obstruction
- Volvulus
- Intussusception

- Appendicitis diagnosis criteria
- Appendectomy steps
- Anal fissure
- Haemorrhoids
- Anorectal Abscess
- Hernia , diagnose femoral/ inguinal – only treatment

Urology :

- Renal stones
- Renal Tumors
- Bladder injuries
- Spinal Bladder
- BPH
- Ca prostate
- Urethral Injuries – Very important
- Urethral Strictures
- Circumcision
- Torsion of testis – Very Important
- Undescended testis
- Varicocele

Endo :

- Thyroid – treatment of hypo thyroidism and hyper thyroidism

Thorax:

- Chest intubation on page 312
- Types of pneumothorax

Breast:

- Ca breast – TNM staging and treatment according to stage
- Fibroadenoma
- Phylloides tumor
- Breast abscess

Neuro :

- Lumbar disc herniation
- Page 346

Head and Neck:

- Parotid tumors treatment
- Oral cavity tumors treatment – proff seq
- Tongue cancer treatment
- Branchial cyst – mcq proff ; cyst has cholesterol crystals
- Cleft lip treatment

General Surgery :

KEY TO UHS !

Important Chapters from Dogar

- Sutures
- Arterial Disorders : Page 206 ; treatment of chronic and acute lower limb ischemia full , page 208 classification , page 206-209 , Abdominal Aortic Anuerysm treatment , Gangrene – types of gangrene
- Venous Disorders : Varicose veins and its treatment
- Lymphatic disorders : Lymphangitis treatment , lymphedema treatment , stages of tuberculous lymphadenitis
- Surgical infections : Classification of wounds on page 189
Prevention of surgical site infections
Necrotising fasciitis
Tetanus , treatment should be mentioned in headings
- Burn Injuries ; Parkland formula – burn surface area calculation , treatment headings on page 87-89 , Effects of burns ; Early , delayed and late.
- Fluid Therapy : scenario is given and the type of fluid to be given is asked . For e.g. intestinal obstruction patient is given ringer's lactate , prepare Q4 and Q5 on Page 111 .

- Surgical nutrition : Question comes in proff as well ; Nutritional assessment headings on page 138, TPN indications , Enteral feeding indications , Routes of enteral feeding , complications of TPN
- Principles of oncology ; Chemo and radiotherapy complications , classification of anticancer drugs is important in proff only , Lipoma on page 160
- Blood Transfusion : Complications of transfusion – headings only
- Anaesthesia and analgesia ; they ask the type of anaesthesia to be given in that scenario whether local , or general , types of anaesthesia , complications of general and spinal anaesthesia ,Page 38 ; WHO analgesic ladder

For the practical part :

Stations are Unobserved mostly ; that can be done through past ospe

Observed stations are regarding gloving, counselling, gowning, log book, identifying sutures; their advantages and usage

Do the questions past ward tests and past ospe to ace this one :

<https://drive.google.com/drive/folders/19a2W2IKTUuddsUQcvQg0osAulsICD6tl?usp=sharing>

surgery ospe files :

https://drive.google.com/open?id=13sE4kNIWZbhOW5-saNW_6crWn9uhagK

<https://drive.google.com/file/d/1UsWIqnpV0yEmRV0sEXNwNnsA2pG1Fykd/view?usp=sharing>

Remember us in your prayers

#WeRiseByLiftingOthers