



**RASHIDA IQBAL FINANCIAL AID**  
**ORGANIZATION**

**APPROACH TO**  
**FINAL YEAR MBBS**

**RIFAQ**  
RAWALPINDI MEDICAL UNIVERSITY

**COURTESY OF:**

**SHAHANA GHAZAL - BATCH 42**

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## General Advice:

Take all wards. Know the methods. It is advisable to at least read the topic that is discussed that day in ward. **Because there is a fair chance that topic might not be covered in lecture.** Besides, correlating the findings and reading the topic at the same time makes retaining that subject matter easier.

**Your required portions of workbooks and logbooks must be complete and signed.** Even the mini clinical state assessment etc. portion of logbooks and the third- and fourth-year part should be signed and stamped to prevent last hour rush at the time of Prof.

**For workbook histories,** MU-1 HFH asks to fill even the morning reports and wants students to write whole management plan. So, get that filled too along with histories.

There is no portion for gynae histories on workbook so **write 5 histories for each rotation on sheets - 3 Obs and 2 Gynae.** And submit that to department at the end of rotation. You must write and submit histories for both Obs-Gyn rotations. There are marks for these histories on logbook.

**Keep Bedside or Macleod's at hand in medicine wards.** And always attend the methods when they show you in wards.

**Videos regarding medicine, paediatrics and surgery are available on RIFAO hard drive that you can copy in your laptop in NTB library.** Examination videos by Ahmad Hassan bhai on YouTube and paediatric examination videos by Dr. Junaid on a channel named 'Paediatrics by Dr. Junaid' can be followed.

# Medicine

## Davidson - main book and add notes from Davidson on Kaplan lecture notes on internal medicine

Values from Davidson tables are asked in Prof. So going through important tables of Davidson is a must.

For Prof, follow Ahmed bhai's guidelines regarding medicine. In those pdfs, very valuable notes are present. So while reading any topic, its good to see those notes for easy understanding.

Video lectures of medicines are on RIFAO drive at NTB. You can copy those lectures from there.

In lectures only the most important topics would be covered and sometimes depending on situation (end of session and sports week etc), even all the important ones are not covered too. You have to know all the topics none the less as anything can be asked in Prof. Go through TOS, Ahmed bhai's guidelines and Rank orders by Dr. Zaman. Highlight all important topics on book and then go through the book.

Some seniors say that if you can't do all rank orders from Davidson as its lengthy, then at least do first rank orders from Davidson, along with important tables. And do the rest from Kaplan. Link of Ahmed bhai's guidelines, rank order topics and other important stuff will be shared.

## Surgery

**Dogar for systemic and general surgery are the main books and certain topics need to be covered by Bailey.** Though teachers always prefer you answering their questions from bailey, its quite impossible to cover everything from bailey and it has some really extra things written as well. It's better if you read Dogar first and then just generally go through that topic in bailey if you want to. And just highlight the important lines on bailey or copy those lines on Dogar.

The boxes of Bailey are important, as were the tables of Davidson in the case of medicine. For that certain pdf's are present and will be shared. Or you can go through bailey boxes.

Certain topics of general surgery are needed to be done from bailey and that too will be provided in link.

In the end for practical purposes, Dogar is the only thing that can be done. So it's better if you write few important notes from Bailey on Dogar. (Or just do Dogar if nothing else can be done)

In lectures only important topics of systemic surgery will be covered and some very few general surgery topics will be covered. General surgery was taught previously in 4th year lectures. So if you find anything related to understanding general surgery difficult, look that up on YouTube. For understanding burns portion of general surgery, you can attend surgical ER and ask and see management of Burns. There will be a ward of anaesthesia where you can understand the anaesthesia portion of general surgery. Trauma will be taught in lectures and you can learn the management in ER as well.

For surgery, keep and read Ahmed bhai's pdf, guidelines on individual topics, notes and mark all rank orders prior hand.

## **Gynae-Obs:**

**Ten teachers for Gynae and Ten teachers for Obs is enough.**

These whole two books need to be done mainly.

Keep Ahmad bhai's guidelines and important notes that will be provided with you.

For Obs and Gynae, they even ask percentages in Prof so you need to remember the incidence and percentages of even trivial things for Prof purposes. Or write it on a separate page and make a list of percentages/ values as you go through individual topics with time so that you don't find it difficult to revise it at the end time in Prof.

Gynae-Obs become easy to understand if you attend lectures and wards. As they cover almost all the important topics in lectures and wards.

## **Paediatrics:**

**Pervaiz Akbar**

Do it according to Ahmad bhai's guidelines and rank order topics

And for examination: Dr. Junaid's videos are uploaded on a YouTube channel named 'Paediatrics by Dr. Junaid'

Hope this helps and remember us in your prayers.