



RASHIDA IQBAL FINANCIAL AID **ORGANIZATION**

OSPE GUIDELINES AND **IMPORTANT LINKS FOR 3RD YR**

Note : If you aren't able to open these links directly then copy paste the links on search bar , some extra links given by hafiz bilal might not open if the source has turned off sharing .

Study stuff by Ahmad Hassan bhai

.....GENERAL PATHOLOGY.....

1)Imp ospe points

<https://m.facebook.com/ahmad.hassan.7161/albums/10203830980615348/?ref=bookmarks>

2) 3 pdfs to download and prepare ospe from :

<https://drive.google.com/open?id=1IwPuWkCFkqVOjvWtAti1hRI2vCW8KaSO>

https://drive.google.com/open?id=1mTL6Y1P3uMubr2_npPVzPn8kot5PpBKf

https://drive.google.com/open?id=1dZp3b0vQJZdKL_fuaqs2dQu24-fauUI2

----PHARMACOLOGY-----

For pharmacology ospe

- Do all the practicals that have been taught to you in the class
- study only the practicals taught to u from the copy
- there are two practicals
- one is from experimental pharmacology and other is from pharmacy
- you need to know all the practicals that have been taught in the class, procedure, names of the instruments used , how to use them etc.
- most repeated include frog's heart and making carminative mixture but any practical can appear
- another thing you need with you is the book called "ANQA"
I will try and upload the pictures but try n get it from prince
Wo puri karni hai book achi trh se .. Max daidh do ghntay min hu jati hi but make sure you do it well before ta k tension na hu
- do all the calculations that are present in your practical copy
- u should know what to use in each experiment ... Plus also know how to cut a label...
Close the bottle by applying paper to the lid and the knot (nam nhi yaad a rha uska ..
Basically laces ki trh hoti hai)
- do the past ospes too
- do the prescriptions jo college wali hin ... Bht limited si hin so that wont be a problem
Uska pattern ana chahye (us k hi kafi marks bn jatay hin) baki jo likhna hai un min i will share it soon
- aik table hai experimental phrma ki copy min abbreviations wala wo bht imp hai ... Aik station us se a jata ha
- you should know organ bath and kymograph real well

1)Pharmacology ANQA

<https://m.facebook.com/ahmad.hassan.7161/albums/10203830808091035/?ref=bookmarks>

2)Pharmacology OSPE made Easy

<https://m.facebook.com/ahmad.hassan.7161/albums/10203830781330366/?ref=bookmarks>

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---BEHAVIORAL SCIENCES----

For Written form get your copy of Wardmate

https://www.facebook.com/wardmate/posts/707099999665269?_xts=%5B0%5D=68.ARB4vZmcIvY_Con0u9np0Ue5Bx4W-D-fd_EblF0fAY4iPVaGW-o4BG1_kcWGh5FiMsMOHxDGwatYU0ozJEtJ5PmPOoD1z0YMbmPrQm119Sfq7eMxYTVEX9EL9mWWlfvDg_tuawcUJ1gjKEEPFx3R1BZ4VI5pczcOEY4TWqRGzEsJHAWCPx4f&_tn=-R

1)BS Examinations

https://www.youtube.com/playlist?list=PLDSLDBQfYkIN758_aZu_EXIjOlmhF9gEi

<https://m.facebook.com/notes/wardmate-examination-guide-plus-ospe-related-suff-for-mbbs/bs-examinationsscenarios-performed-by-me/471438726564732/>

2)Past OSPEs

<https://web.facebook.com/471096803265591/photos/...>

Bs OSPE MATERIAL BY OSAMA MAQBOOL

<https://drive.google.com/open?id=0B1lefOEw5OC4eUtXbXgzNmhjVTg>

Forensic Medicine & Toxicology----



1)models and how to prepare ospe(see description of this album) same models are given in the ospe , pictures of scenarios can also be given fatal doses and fatal period of toxins can be asked in ospe too :

https://web.facebook.com/ahmad.hassan.7161/media_set?set=a.10202045326855120&type=3

2)Past Ospes:

https://web.facebook.com/pg/wardmate/photos/?tab=album&album_id=494557520919519&tn=-UK-R

Study stuff from hafiz bilal :

<https://web.facebook.com/notes/first-aid-series-by-dr-hafiz-bilal/3rd-year-mbbs-complete-ospe-viva-stuff-by-hafiz-bilal/1916151725263745/>

Some other helpful files to go through

Note: For RAR Files:- First Unzip them by Using WINRAR[Software] Then the Content will be Accessible.

Download it from--> <http://www.win-rar.com/download.html?&L=0>

3rd year Ospe/Viva Guideline & TOS--> <https://drive.google.com/open...>

USE Password: Ussama Maqbool

Pharmacology:-

Anqa[[PDF]--> <https://drive.google.com/open...>

Specimens[RAR File]--> <https://drive.google.com/open...>

Ospe Set 1[RAR File]--> <https://drive.google.com/open...>

Ospe Set 2[RAR File]--><https://drive.google.com/open...>

Ospe Set 3[RAR File]--><https://drive.google.com/open...>

Ospe Set 4[RAR File]--><https://drive.google.com/open...>

Ospe Set 5[RAR File]--><https://drive.google.com/open...>

Ospe Set 6[RAR File]--><https://drive.google.com/open...>

Pathology:-

Pathology Slides[PDF]--> <https://drive.google.com/open...>

Agar Plate[PDF]--> <https://drive.google.com/open...>

Culture Media Tests[RAR File]--> <https://drive.google.com/open...>

Big Robins Pictures[RAR File]--> <https://drive.google.com/open...>

Original Mix Ospe[PDF]--> <https://drive.google.com/open...>

Original 2008 Ospe[PDF]--> <https://drive.google.com/open...>

Original Ospe Sets 1-11[RAR File]--> <https://drive.google.com/open...>

Forensic Medicine and Toxicology:- (do the ones on Ahmad bhai's timeline , they are the ones placed in ospe)

Forensic Models--> <https://drive.google.com/open...>

Set 1--> <https://drive.google.com/open...>

set 2--> <https://drive.google.com/open...>

Aeymon Ospe--> <https://drive.google.com/open...>

2008 Ospe--> <https://drive.google.com/open...>

2012 Ospe Set 1--> <https://drive.google.com/open...>

2012 Ospe Set 2--> <https://drive.google.com/open...>

All Files are RAR files.

Behavioral Sciences:-

Psycho-Social Assessment--> <https://drive.google.com/open...>

Mariyam Baji Slides--> <https://drive.google.com/open...>

2011 Solved Ospe--> <https://drive.google.com/open...>

Original B.S Ospe NMC--> <https://drive.google.com/open...>

Behavioral Sciences Ospe Videos

#BPS_Model

Part 1--><https://www.dropbox.com/.../Dr.%20Ghazala%20Musa%20Kazmi%20A....>

Part 2--><https://www.dropbox.com/.../Dr.%20Ghazala%20Musa%20Kazmi%20A....>

Part 3--><https://www.dropbox.com/.../Dr.%20Ghazala%20Musa%20Kazmi%20A....>

Part 4--><https://www.dropbox.com/.../Dr.%20Ghazala%20Musa%20Kazmi%20A....>

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Introduction--><https://www.dropbox.com/.../Introduction%20to%20Behavioral%20...>

Questioning techniques--

><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20Qu...>

Informational Care--

><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20In...>

Counselling--

><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20Co...>

Consent--><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20Co...>

Compliance--

><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20Co...>

Breaking Bad News--

><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20Br...>

Sleep--><https://www.dropbox.com/.../Behavioral%20Sciences%20OSPE%20%2...>

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All Subjects OSPE 2012 Compiled PDF file--> <https://drive.google.com/open...>

All Subjects OSPE 2014 Compiled PDF file--> <https://drive.google.com/open...>

For Videos Folder Link--

> <https://www.dropbox.com/.../9pmf6g.../AADvS44a9OTA1ll-EXOU3Voa...>

For OSPE Data Folder link--> <https://drive.google.com/open...>

EXAMPLES OF QUESTIONS OF VIVA/OSPE

A spreadsheet of questions asked from batch 41:

https://drive.google.com/open?id=1Vr5y_bmbkZtfBN2uEAFXDMpU2gAw49DJxYhnBc0ssNQ

some questions asked from batch 42

PHARMA OSPE :

Megaloblastic Anemia Prescription(Dont skip any part). P-drug Hypertension. Drugs used as monotherapy. Two three abbreviations were not in the book(OTC elix PR). Define Bioavailability. Formula of Vd. Dispense and prepare 500ml of half normal saline. Frog's Heart.

Ospe IV fluid Viva:

Dehydration. Conditions in which dehydration occurs? Stages Of dehydration.

Dehydration in any physiological condition. How will you give fluids in burn patients? In which conditions Half normal saline is given? What is error? How it is measured? On which side of paper we place salt and why?

Observed: rabbit's ileum and carminative mixture Bp preparation,

Unobserved:

Amebic dysentery prescription.

Clarke's formula scenario.

3 amebicidal agents 2 luminal agents.

Bacillary dysentery.

Percentage solution calculation.

Rabbits ileum: about graph of antagonism. Types of antagonists etc

Carminative mixture: about preparation and quantity of components. Types of iv fluids

Mean mode calculation

definition of superscription inscription signa subscription.

Pharma viva questions :

Internal : classify benzos which one is least sedating , pharmacokinetic of nitrous oxide ,moa of zaleplon

Ext : name anti H2 drugs,APD drugs , classify local anesthetics , dissociative anesthesia ,clinical uses of opioids

Whats apd n which is least sedating? Alprazolam?

Acid pepetic disease

Internal: which diuretics are not given in liver encephalopathy? Why? Which laxative is specially given in liver cirrhosis(Lactulose)? Why(converts ammonia into ammonium ion which leads to increased excretion)? Why Ace inhibitors are contraindicated in renal stenosis? Succinylcholine side effects? Why pain occurs in muscles after recovery from succinylcholine paralysis? Drugs that release histamine? Digoxin all pharmacokinetics fatal dose, Half life everything. In which conditions beta blockers are contraindicated?

ppis bohat puch rahe hain n h2 blockers also serotonin wala chap and also diabetes achay se krna , general k sab definitions , receptors n their types and endo k oral contraceptives ki classification n koi lytic drugs puch rhien thi endo main se i couldnt hear her properly, anti cancer k side effects mainly yehi sb tha ...

Internal: Control analgesia,neuroleptanalgesia,docusate ka moa,esmolol k uses..

types of svt n metabolism of tetracyclines

What is Metronidazole, What is Streptomycin, What is half life, What is EC50, What is Steady State. First line drugs for TB.

INTERNAL: Drugs used to treat pulmonary edema? Moa of furosemide in treating pulmonary edema. How does morphine treat pulmonary edema. Drugs that produce reactive metabolites. How do you stop the effect of those reactive metabolites? What is leucovorin recovery? Name PDE inhibitor? Which PDE inhibitors are used in heart failure? What is lactulose?

anti-hypertensives classification. Diuretics classification. K sparing drugs examples. A/E of spironolactone. Types of Receptors. Definitions of Antagonism. Types and explanation of types of antagonism. Gray Baby syndrome.

Internal: MOA of macrolides. Which ribosomal unit do they act on? Names of newer generation macrolides. Difference between older and newer macrolides. How are the two types different in their method of excretion? Which tetracyclines excreted via kidney and which via liver? Uses of Beta blockers. Which arrhythmias can be treated with beta blockers? Types of supraventricular arrhythmias? Why beta blockers can be used for supraventricular arrhythmias.

Mam ne intihai notes men he contraceptives ka viva lerhi hen impeded androgen

oral aur parenteral contraceptive ka difference poocha.
Baki uses of clonidine

atropinization k jo signs hote hen un ka treatment poocha

Vd half life aur uses of half life. Epilepsy kitne types ki hoti he aur har type ka treatment. Febrile seizures (bachon men hote hen fever men and serotonin syndrome men)

Patho viva :

Last time external wasn't Sir Naeem , a ma'am was asking questions from Monica (a book of pathology). It's a good book to prepare the procedures of staining and practicals too , link for the pdf of book is here :

https://drive.google.com/open?id=1_CQQUFA1NCS_G5AF2J-cCOgQ9mwaX15R

Salmonella shigella classification of bacteria sterilization disinfection agars, culture media ,TB ,hiv,hepatitis, urine examination(lab wala sara) CAMP test ki full form, staph ,strept\

noncellular adaptations ,necrosis, apoptosis(detailed)oplasia nd genetics

hypersensitivity tests

CAMP Cristie atkins munch-peterson test!

hypertrophy,epigenetics,DNA structure,how many genes are involved in protein synthesis?

Internal: tests to differentiate staphylococcus aureus and staphylococcus epidermis, normal flora, streptococcus classification, atypical mycobacterium or salmonella ki

classification key names, toxins and enzymes of staphylococcus, structure of abscess, types of coagulase test

calcification, it's types and molecular mechanism involved, examples of dystrophic cal, sites of action of pth, chromosomal mutations, types of familial hypercholestrolemia, trisomies, genomic imprinting, abcd syndrome, fat necrosis, mdm2 proteins, hurler syndrome, cause of webbed neck in Turner.

Regards

Shahana Ghazal

President RIFAO