



RASHIDA IQBAL FINANCIAL AID
ORGANIZATION

GUIDELINES FOR UPPER LIMB
SUBSTAGE

RIFAQ
RAWALPINDI MEDICAL UNIVERSITY

- Side determination of ulna (very important)
- General features of radius & ulna watch VIREN KARIYA videos)
- Difference between Colle's & Smith's fracture
- Carrying angle: values in male & female
- Why carrying angle is more in females
- Factors stabilizing shoulder joint
- Ligaments of shoulder joint & their attachments
- Relations, bursas, movements of shoulder joint & muscle involving in it (very, very important)
- Scapula-humeral rhythm
- Difference between frozen shoulder & shoulder dislocation
- Ligaments & movements of knee joint
- Blood supply of knee joint (very important)
- Student's elbow
- Difference between superior & inferior radio ulnar joint
- Structures passing through interosseous membrane & gaps
- Vertical axis of movement during supination, pronation
- Muscles involving in supination & pronation (very important)
- All clinicals of joints from KLM
- Boundaries & contents of cubital fossa (very important)

- Why median cubital vein is preferred for intravenous injections
- All tables of muscle
- Name shunt muscle (coracobrachialis +deltoid + trapezius)
- Workhorse muscle (brachialis)
- Hybrid muscles (brachialis + flexor digitorum profundus) & why is it called hybrid
- Action of paradox by biceps brachii
- Intracapsular & extracapsular head of biceps brachii
- Ligament of struthers
- Main nerve of front of forearm (musculocutaneous nerve) & its branches
- Brachial artery course, relations & branches
- Articularis cubiti
- Long head crosses which joints
- How many groups are of flexor compartment muscles?
- Course of nerves in arm & forearm



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REGARDS

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